



412-431-STEP / www.ShovlinAcademy.com / IrishDance@ShovlinAcademy.com

Novice Step Review

Students are encouraged to practice at least three times a week (more is always better) including their regular class time and about a half hour at home after class reviewing any new material we've covered so it's not forgotten. Please do not get frustrated if these sheets are hard to follow. These practice sheets are meant to help not hinder. The words and phrases used below are meant as a memory aid for those that have been attending class regularly. They will make little sense if you have not learned the step yet (or seen it demonstrated in class). Let us know if there are areas that do not make sense or if you have any questions (inquiries to Sheila@ShovlinAcademy.com or Liz@ShovlinAcademy.com). If all else fails, students are strongly encouraged to practice their exercises and those steps that they do remember (keeping good posture and placement in mind always). Good luck!!

Novice Reel Steps

1st Step→

"Hop point cut 1-2 over 2-3, and a right and a left step over 2-3 (up in the back), (4 bars)
jump cut round, and point hop back, step kick, cross back, cut up 1-2." (4 bars)
(repeat on the left foot)

2nd Step→

"1-2 kick out, cross back, cut, 1-2 spin and a 1-2 over 2-3 (up in the back), (4 bars)
& point point up (in the back), and point, hop back twist twist, switch point hop back." (4 bars)
(repeat on the left foot)

Novice Light Jig Steps

(Same as Advanced Beginners)

Novice Single (or "Hop") Jig Steps

(Same as Advanced Beginners)

Novice Slip Jig Steps

1st Step→

"Hop point switch point, hop back 2-3, step cut hop down, (2 bars)
skip Right-2-3, skip Left-2-3, skip right skip left (2 bars)
step over 2-3 skip 1 skip 2-2-3, (up in the back), cut (up in the front) down, (4 bars)
switch out in, jump, cut 1-2"
(repeat on the left foot)

2nd Step→

"Up and-push and-cut push-up and (back) twist twist twist, (2 bars)
kick right and left step over 2-3, step over 2-3 (2 bars)
hop back point cut up, hop back point cut up, (2 bars)
skip right and left step over 2-up and twist twist twist (forward)" (2 bars)
(repeat on the left foot)

Novice Hornpipe Steps (slow tempo)

1st Step→

"Jump step up front slice and rally hop back,



412-431-STEP / www.ShovlinAcademy.com / IrishDance@ShovlinAcademy.com

tip and toe and toe and tip and toe and heel up, (2 bars)
Jump up click back tip and rally hop back,
tip and rally in front tip down rally in front, (2 bars)
Tip 1-2 tip 1-2 step up front slice,
and rally hop back tip down rally hop back (2 bars)
Tip down up back click tip down rally hop back, jump switch rally hop back." (2 bars)
(repeat on the left foot)

2nd Step→

"And toe and toe up tip down rally hop back
tip down rally in front tip 1-2 step up back click, (2 bars)
tip down rally hop back rally hop rally and toe and toe
up tip down rally back twist back twist front (2 bars)
and rally 1-2 rally hop back
heel (1) and heel (2) and heel (3) and heel (4) and rally hop back (2 bars)
hop rally back and 1-2-3 rally and toe and toe up tip down rally hop back." (2 bars)
(repeat on the left foot)

Novice Treble Jig Steps (slow tempo)

1st Step→

"Jump up hit and down, hit and 1-2, front slice, (2 bars)
Hit and 1, hit and 2, step up, front slice, and rally and twist back touch bang, (2 bars)
Quick-rally up and 1-2-3 step, back click, (2 bars)
Hit and 1, hit and 2, step up, front (click) touch bang, and rally hop back." (2 bars)
(repeat on the left foot)

2nd Step→

"Cut tip right and tip heel step 1-2, up front slice and rally and toe, (2 bars)
Quick-rally back and heel up down, and rally and twist back twist front, (2 bars)
And rally and push up up toe, and rally and rally and rally and toe, (2 bars)
And rally and rally and rally and touch bang and rally hop back." (2 bars)